

*The goodness of nature,
delivered right to your door.*



Detox



Pure Body

Everyday Gut and Body Detox

Take 4 drops, 3 times a day for a daily gut and body detox. Increase water intake.

- Natural mineral zeolite cleanses toxins with no discomfort
- Proven cleansing process, lab-tested for purity
- Supports pH levels, restful sleep, natural energy, immunity
- Non-toxic, non-GMO, safe for long-term daily use



AMBER GLASS
PROTECTED

Pure Body Extra

Advanced Daily Cellular Detox



Use 4 sprays, 3 times a day for a deep detox to a cellular level. Increase water intake.

- Extra strength liquid cleanses toxins to a cellular level
- Hydrated natural zeolite bypasses gut for fast absorption
- Proven cleansing process, lab-tested for purity
- Supports pH levels, restful sleep, natural energy, immunity



AMBER GLASS
PROTECTED



Fulvic Minerals+

Micronutrient & Gut Support

Shake well and add 2 mL to 8-10 ounces of filtered water. Take with food for optimal absorption.

- Fulvic acid, trace minerals and natural zeolite
- Cultivated from clean source, lab-tested for purity
- Supports energy levels, immunity, and detox
- Gluten-free, vegan-friendly and non-GMO



AMBER GLASS
PROTECTED

Para-Shield

Natural Gut Defender



Take 10 drops twice a day for 21 days. Take a break for 7 days, then repeat as needed.

- Powerful yet gentle herbal cleanse supports gut health
- Helps to detox unwanted organisms from the body
- Supports the body's natural defenses against invaders
- Made with organic herbs, non-GMO, and gluten free



AMBER GLASS
PROTECTED

Nutrition



Super Green Juice

Alkalize, Energize, Immunity

Mix one scoop of Super Green Juice with 8 oz. of your favorite liquid.

- Get 44 organic superfoods in 1 tasty scoop
- Alkalize, energize and strengthen immunity
- Easy prep and convenient clean up
- Adds power-packed boost to smoothie recipes



Organic Super Protein

Build, Strengthen, Recover

Mix two scoops of Organic Super Protein with 8 to 12 oz. of your favorite liquid.

- Smooth and satisfying shake with 18g of superfood protein
- Organic MCTs for lasting energy, easy to digest
- Healthy fast food with no soy, no dairy and no added sugar
- Delicious addition to any smoothie recipe



Organic Super Fiber

Gut Microbiome and Digestive Detox

Mix two scoops of Organic Super Fiber with 8 to 12 oz. of your favorite liquid.

- 7g of fiber with 4g of plant-based protein
- Feel fuller and curb cravings
- Supports gut health, digestive detox and weight management
- Grit-free mix that tastes great



GlucosControl

Supports Healthy Blood Sugar

Take 1 to 2 capsules with a glass of water about an hour before a main meal.

- Targets excess glucose from meals
- Plant-based enzymes, organic mushrooms and probiotics
- Supports weight management and curbs cravings
- All natural, vegan and non-GMO



Nutrition



Boost Focus Fuel

Everyday Energy & Focus

Take 3 capsules a day to energize and get your metabolism moving.

- Boost metabolism with organic green coffee and green tea
- Organic extracts help curb appetite and cravings, sharpen focus
- Adaptogen herbs fuel energy



Wellspring

Everyday Heart & Joint Support

Take 2 capsules a day with food to soothe joints and show your heart some love.

- Vegan omega-3s from Ahiflower® oil
- Vital antioxidants from organic turmeric, ginger, and olive extract to support heart and joint health
- No fishy burps or after taste



Green Energy

Natural Energy Infusion

Take 2 capsules daily, in-between meals, to optimize energy any time of day.

- Organic green tea supports metabolism and energy
- Proteolytic enzymes fight temporary inflammation
- Take day or night, sleep soundly



Supergreens +D

Digestion & Immune Support

Take 3 capsules a day with food to support healthy immunity and digestion.

- 2,000 IUs of vegan organic vitamin D for immunity
- 5 billion probiotics and a prebiotic for healthy digestion
- Organic greens alkalize and detox



Essentials

Everyday Antioxidant Support

Take 3 capsules with breakfast to start the day the right way.

- Advanced antioxidants support heart, brain and eye health
- Organic vitamins & minerals for energy and vitality
- 26 hard-to-find organic superfoods



Not all products may be available in every country. Check the online store for availability by market.



touchstone essentials

TheGoodInside.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.